

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JANUARY 2019		1 10:00 New Year's Bingo 2:00 New Year's Party with Dave Bellaire ~ Foyer 4:00 Traditions around the World	2 10:00 Betty's Tuck Cart 10:30 Who Am I Game 11:00 Friendly Visits 2:00 Balance & Strength 2:45 Java Music (#2)	3 10:00 Stretch & Strength 10:30 January Gazette & IQ	4 Carols Devotions (1-1 visits) 2:00 The Overtones ~ Foyer 6:30 Pet Therapy with Kaya	5 10:00 Hot Chocolate Party
6 1:30 Church Service – Hi-Way Pentecostal 2:30 MEGA Crossword 4:00 Cleaning up Christmas!	7 9:30 “Un-doing the Do” in the Morning! 2:00 Stretch & Strength	8 Hairdresser Today! 10:00 Morning Manicures 1:30 Music with Jim Cochetto ~ Foyer	9 10:00 Betty's Tuck Cart 10:00 Teddy Visits 10:00 Put the Music On! 11:15 Communion 2:00 Balance & Strength	10 <i>Book Cart with Gord!</i> 10:00 Stretch & Strength 6:00 Playing Games!	11 Carols Devotions (1-1 visits) 10:00 Surfing the Net 11:00 Zumba with Ellen 2:00 Java Music (#1) 6:30 Pet Therapy with Kaya	12 10:00 Mike & Louise's Travels West ~ Chapel
13 1:30 Church Service – Ingersoll CRC 2:30 New Year's Humor	14 9:45 Hymn Sing 11:00 Bingo 2:00 Stretch & Strength 2:45 Java Music (#2)	15 Hairdresser Today! 2:00 Birthday Party with Randy Grey ~ Foyer	16 10:00 Betty's Tuck Cart 11:00 Morning Trivia 2:00 Balance & Strength 2:00 The Champagne Music Maker 3:45 1-1 Short Stories	17 10:00 Stretch & Strength 10:30 Starving Artists Group <i>2:00 Time for Tim's ~ Foyer</i>	18 Carols Devotions (1-1 visits) 10:30 Resident Council <i>2:00 Janna's Music Students ~ Foyer</i> 6:15 Cocktail Cart 6:30 Kaya Visits	19 10:00 Category Puzzle: “FROST”
20 1:30 Church Service – St. James Anglican 2:30 Java Music (#1)	21 10:00 Bingo 2:00 Stretch & Strength	22 Hairdresser Today! 10:00 Watch Baby Grow 2:00 Gospel Dave ~ Foyer	23 10:00 Betty's Tuck Cart 10:00 Teddy Visits 10:00 Spic & Span Specs 11:15 Food Committee Meeting 2:00 Balance & Strength	24 10:00 Stretch & Strength 2:00 Bakers Corner: Brown Sugar Crispy's 4:00 Short Stories 6:00 Word in a Word	25 <i>Robbie Burn's Day!</i> Carols Devotions (1-1 visits) 6:00 Let's Get Crafty 6:30 Pet Therapy with Kaya	26 10:00 Morning Manicures
27 1:30 Church Service – St. Paul's Presbyterian 2:30 Short Story: “Accidental Art”	28 9:45 Hymn Sing 11:00 Bingo 2:00 Stretch & Strength 2:45 Java Music (#2)	29 Hairdresser Today! 10:00 Coffee and Crosswords 2:00 Science for Seniors: Snow Storms 3:45 Color me Happy!	30 10:00 Betty's Tuck Cart 11:00 Cranium Crunches 12:30 Take-Out Lunch (Sign up please) 2:00 Balance & Strength	31 10:00 Stretch & Strength 10:00 Calendar Visits & Decorating	INGERSOLL PROGRAM CALENDAR	

January Birthday's: Vera Dashchuk 19th