

Wellness Nordic Relax Chair

– a calming sensory experience

ARJOHUNTLEIGH
GETINGE GROUP

*Woodingford Lodge - Woodstock
is fundraising!*



Santa says Woodingford is on the "Nice List" this year and should find a Nordic Wellness Chair under the tree!

Please help our fundraising efforts! 😊

Leave your donation at the Front Office today.
Donations of more than \$20 will receive a tax receipt.

A refreshing approach to wellness in elderly care

Difficulties with communicating and performing everyday tasks can take a toll on elderly people with dementia. In time, residents may develop behaviours such as aggression, restlessness, confusion and agitation, all of which may disturb other residents and require additional attention from caregivers.

Helping people with dementia relax through soothing music and tactile stimulation can have a beneficial effect on their behaviour and quality of life. The fully-automated Wellness Nordic Relax Chair offers users a unique and calming sensory experience.

Addressing **individual needs** in the care setting

Pre-set rocking programmes combine smooth, quiet motion and soothing music with tactile stimulation to promote physical and mental relaxation and refreshment, depending on the needs of the resident. Each setting is also easily customisable with just the touch of a button.

A weighted blanket adds to the experience by creating additional comfort and sensory stimulation. Residents may find that the even, overall pressure from the heavy blanket combined with the comfort of the U-shaped cushion provides a sense of security, much like the feeling of a warm hug.

Built-in audio system with MusiCure® – music as medicine

Composed by Niels Eje and endorsed by the Danish Alzheimer's Association, *MusiCure* is based on more than 15 years of research into the calming and mentally stimulating effect of sound. The subwoofers in the lower back also offer gentle tactile stimulation.

Easy-to-clean, soft imitation leather

Available in black or white.

Swing-out armrests

Enables easy access while providing the resident with a sense of security.

Removable incontinence cover

Waterproof and durable Stamskin® material.

Heavy blanket and U-shaped cushion

For additional comfort.



External audio input

Enables personalised music.

Wheeled pedestal

Can be used with ArjoHuntleigh patient lift solutions, while allowing for easy manoeuvring and portability.

Custom positioning

Adjust both the angle of the backrest and the rocking motion. The legrest can also be repositioned for additional comfort.

Available in different colours

The armrest and incontinence cover are available in black, white or red.* Contrasting colours may help guide the residents to the seat section.

*Colour options may vary by country.

As distributor of the chair and your support partner, ArjoHuntleigh offers a range of value added services and trainings. Contact your local representative today to learn more.

To learn more about sensory stimulation and associated benefits for people with dementia, review: Livingston et al. *Health Technology Assessment*, Vol. 18:39, 2014, NHE, UK; Blackburn & Bradshaw, *J Psychiatr Ment Health Nurs*. 2014 21(10); Watson & Wells, *Am J Alzheimers Dis Other Demen*, Nov./Dec. 1998; Hvolby & Bilenberg N. *Nord J Psychiatry*. 2011 65(2).

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